# NICE

# PRODUCT SIZE GUIDE

Always Size UP if you are on the line!

## STRAIGHT KNEE — UNIVERSAL

SIZES:
Small/Medium
Large/Extra-Large

FITS A WIDE RANGE OF BODY TYPES:
- S/M: 13.5” high (35cm) × up to 24” thigh circumference (61cm)
- L/XL: 17.5” high (44.3cm) × up to 28” thigh circumference (71cm)

PRO TIPS:
- Average body types under ~5’9” will use size Small/Medium
- Bodies over 5’10” will use size Large/Extra-Large
- 360-degree coverage

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## ARTICULATING KNEE — UNIVERSAL

SIZES:
One Size Fits Most

FITS A WIDE RANGE OF LEGS:
- 14” high (35.5cm) x 27” up to 25.5” thigh circumference (65cm)

PRO TIPS:
- More of an “active” therapy wrap
- CPM machine compatible
- Both Flexion + Extension capabilities while in use

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## TOTAL SHOULDER — LEFT/RIGHT SPECIFIC

SIZES:
Small
Medium
Large/Extra-Large

FITS A WIDE RANGE OF BODY TYPES:
- Small: Chest sizes 32” to 38” (81cm to 96cm)
- Medium: Chest sizes 38” to 44” (96cm to 112cm)
- Large/Extra-Large: Chest sizes 44” to 50”

PRO TIPS:
- 360-degree bicep cooling is designed to be compatible with Shoulder Abduction Sling/Pillow
- Added fit + security straps for optimal coverage

- Designed to allow a highly customizable fit that can be secured with the use of one arm

## HIP — UNIVERSAL

SIZES:
Small/Medium
Large/Extra-Large

FITS A WIDE RANGE OF BODY TYPES:
- S/M: Fits waist sizes 26” to 42” (66cm to 107cm)
- L/XL: Fits waist sizes 40” to 57” (102cm to 145cm)
- For patients between sizes: Shorter patients should choose a size Small/Medium, and taller patients should choose a size Large/Extra-Large

PRO TIPS:
- Ambidextrous Fit allows easy adjustment from Right to Left Hip
- Ergonomic groin strap for precise contact
- Added stretch to ensure comfort around waist

## ANKLE — UNIVERSAL

SIZES:
Small/Medium
Large/Extra-Large

FITS A WIDE RANGE OF FOOT/ANKLE TYPES:
- S/M: Fits foot size up to US M 9.5/W11.5 (EU43)
- L/XL: Fits foot size US M 10/W12 (EU44) and above

PRO TIPS:
- Boot-design to ensure optimal coverage
- Velcro-like closure and quick release hose connector
- Microdot-pattern constructed for maximum water flow

## LUMBAR — UNIVERSAL

SIZES:
One Size Fits Most

FITS A WIDE RANGE OF BODY TYPES:
- XL ergonomic strap fits waist sizes up to 51” (130cm)

PRO TIPS:
- Designed to cover entire LSO region
- Engineered to reduce pain and stimulate blood flow
- Ideal for Lower Back Pain

## HAND/WRIST — UNIVERSAL

SIZES:
Small/Medium
Large/Extra-Large

FITS A WIDE RANGE OF ARMS:
- S/M: Fits up to 11” (28cm) forearm circumference x 8” (20cm) forearm length
- L/XL: Fits up to 12” (30.5cm) forearm circumference + 8.5” (21.6cm) forearm length

PRO TIPS:
- Specifically designed for easy fit on both Right and Left hand/wrist
- Coverage from palm of hand to near elbow
- Microdot compression layer added for precise delivery of cold + compression

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## BUTTERFLY — UNIVERSAL

SIZES:
One Size Fits Most

FITS A WIDE RANGE OF BODY PARTS:
- Provides 11” (28cm) x 9.5” (24cm) of cooling area
- Comes with (2) accessory straps, adding 12” (30.5cm) to fit around any body part

PRO TIPS:
- Designed for use on any body part
- Comes with (2) accessory straps to ensure fit-ability when choosing area
- Can be fit under brace, splint, bandage

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## UPPER CERVICAL – UNIVERSAL

SIZES:
One Size Fits Most

FITS A WIDE RANGE OF NECKS:
- Comes with (2) accessory straps that add 12” (30.5cm) of adjustability

PRO TIPS:
- Easily-applied to upper cervical with fit-straps
- Can be used for posterior or anterior application
- Added microdots to compression-layer to ensure comfortable fit with compression

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## AMPUTEE — UNIVERSAL

SIZES:
One Size Fits Most

FITS A WIDE RANGE OF LEGS:
- Designed to fit limbs up to 32” (81cm) in circumference, with approximately 10” or more of remaining limb length

PRO TIPS:
- Modular, ambidextrous design provides excellent coverage for amputees of all sizes

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## ARTICULATED ELBOW – LEFT/RIGHT SPECIFIC

SIZES:
Small/Medium
Large/Extra-Large

FITS A WIDE RANGE OF ARMS:
- S/M: Fits biceps 9” to 12” (23cm to 30cm) in circumference
- L/XL: Fits biceps 12” to 17” (30cm to 43cm) in circumference

PRO TIPS:
- Updated design allows for easy, one-handed fitting
- More of an “active” therapy wrap
- Both Flexion + Extension capabilities while in use

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## MITT – UNIVERSAL

SIZES:
One Size Fits Most

FITS A WIDE RANGE OF HANDS:
- Comfortably fits hands up to 9” (23cm) long x 6.5” (16.5cm) wide

PRO TIPS:
- Convenient zipper allows for easy, one-handed use
- Ambidextrous design
- Microdot compression layer added for precise delivery of cold + compression

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# THE BLUE LINE

## UPPER CERVICAL INTEGRATION

SIZES:
One Size Fits Most

FITS A WIDE RANGE OF NECKS:
- Aspen Vista collar has six height-adjustment settings + width adjustment
- Extra Large patient access window
- NICE Therapy Wrap seamlessly integrates to Aspen Integration pad

PRO TIPS:
- Aspen Vista collar fully adjustable height and width to ensure perfect fit
- Designed to precisely and safely deliver cold compression therapy to the upper cervical
- Great for pain control in posterior and anterior needs

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## LUMBAR LSO INTEGRATION

SIZES:
One Size Fits Most

FITS A WIDE RANGE OF BACKS:
- Sizing adjustable from 24” to 50” – and up to 70” with extension panels
- NICE Therapy wrap integrates seamlessly into Horizon 637 Lumbar
- Comfortable side-panel lateral support for ideal healing

PRO TIPS:
- Aspen Horizon Lumbar fully adjustable to ensure ideal fit and comfort
- Added stability to provide perfect cold + compression
- Ideal for lower back pain control

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